

# Saint Clare's Concussion Center for Children and Adolescents

The Saint Clare's *Concussion Center for Children and Adolescents* provides comprehensive services, including diagnosis, treatment and education, to the student athletes as well as school coaches and athletic trainers.

Our center focuses on concussions and head injuries – including baseline testing, screening and assessments of concussions. Led by our established pediatric neurodiagnostic team, we can diagnosis and treat your child or adolescent.

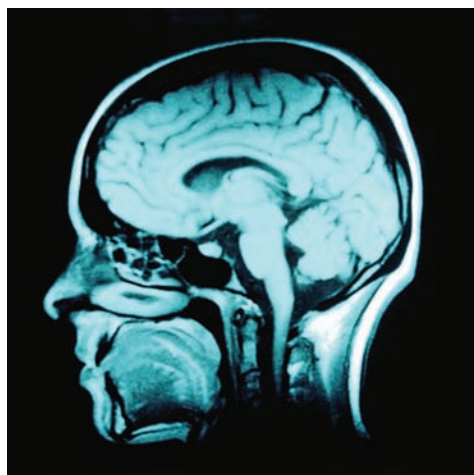
## Baseline Testing:

The Saint Clare's *Concussion Center for Children and Adolescents* offers low-cost ImPACT Baseline Testing to student athletes. All tests are confidential and stored on a secure server that only the school athletic trainers and the *Concussion Center for Children and Adolescents* physicians and staff can access.

For more information, to set up baseline testing at your school or to set up an individual appointment at Saint Clare's Hospital/Denville, contact 973-625-6199.

## Post-Concussion Analysis:

Students and children that need evaluation for possible concussions can be confident in the services at the Saint Clare's *Concussion Center for Children and Adolescents*. Our experienced neurodiagnostic physicians and staff can treat and evaluate, as well as follow-up with any secondary testing or referrals needed.



## What is a Concussion?

A concussion occurs when your head experiences enough trauma that your brain collides with your skull. Concussions may vary in severity, so symptoms may vary. Regardless of the severity of the concussion, you must take immediate measures to treat it.

## What are the Signs of a Concussion?

- Confusion
- Loss of short-term memory
- Headache
- Dizziness
- Increases
- Seeing spots or flashing lights
- Nausea
- Loss of consciousness
- Abnormal eye movement

## If Your Child Suffers From a Concussion:

If you believe your child or student athlete may have suffered a concussion, they should be *evaluated immediately*. Saint Clare's Hospital/Denville offers the convenience of our dedicated Pediatric Emergency Department, or patients can be seen at our Emergency Departments in Denville, Dover or Sussex.

**For more information on our dedicated Concussion Center for Children and Adolescents, please call 973-625-6199 or visit [www.saintclares.org/concussion](http://www.saintclares.org/concussion).**

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**Saint Clare's Hospital**

Concussion Center for Children and Adolescents, 25 Pocono Road, Denville, NJ 07834

# Concussions and Your Child: Diagnosis, Treatment and Effects

Saint Clare's Health System will present an informational session about concussions, including the signs, symptoms and treatment. In addition to a pediatric neurologist who will offer an overview of concussions

and their affects, a physical therapist will demonstrate exercises that can be done to prevent concussions as well as assist if one occurs.

**Ottis Anderson, Super Bowl XXV MVP and former New York Giants running back, will be available to discuss the importance of preventing concussions.**

## Program and information is available for:

- Parents
- Athletic Coaches
- Athletic Trainers
- School Administrators
- School Nurses

**Tuesday, June 7, 2011**  
6:30 p.m. to 8:30 p.m.

**Wednesday, June 8, 2011**  
6:30 p.m. to 8:30 p.m.

Hanover Marriott  
1401 Route 10 East  
Whippany, NJ

The event is free, but registration is requested. To register or for more information, please call 973-983-5576.

## Win a chance to have Ottis Anderson come to your school!

*All attendees will have the opportunity to name the school they are associated with. The school with the highest number of people representing at both June 7 and 8 events wins an opportunity to have a meet and greet at their school!*

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