



Elementary Lunch Menu

Lunch Price \$ 3.25

Free and reduced price lunches (\$.40) available for eligible students

Lunch tickets 5 day \$ 15.75 10 Day \$ 31.50 15 day \$ 47.25 20 day \$ 63.00

Visit our website www.roxbury.org/foodservices to view menus

Snacks and ice cream \$.50—\$1.50

February 2012



Lunch served with choice of
Fresh Fruits , 100 % Juice
Vegetables , Shaker Salads
and
Choice of Milk
1% white or flavored
Fat free



Daily Specials

Monday Hot dog
Tuesday Hamburger / Cheeseburger
Wednesday Grilled Cheese
Thursday Chicken Patty
Friday Calzones



Bagel lunch ,
Uncrustables Cereal & milk
Assorted Sandwiches
with choice of bread ,rolls,
bagels or wraps served daily



The Greens



Fresh made
salads

Week One:

Chicken Caesar Salad

Week Two:

Chef's Salad

Week Three:

Garden salad with choice of
Tuna, egg salad , chicken
strips, hard boiled eggs

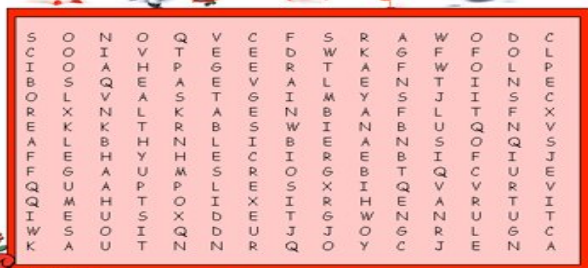
Week Four:

Greek Salad

Mon	Tue	Wed	Thu	Fri
January 30 Chicken tenders Dipping sauce Mashed potatoes Biscuit	January 31 Cheese Ravioli Shaker salad Garlic Bread	1 Lunch Munchers Bagel shop bagel Gogurt Cookie	2 Ground Hog Day Mac & Cheese Chicken Nuggets Frozen fruit bar	3 Pizza Mania
6 Two Cheesy bread sticks Dipping sauce	7 Chicken Patty On a bun Bag of Pretzels	8 Brunch for Lunch French Toast Stx Scrambled eggs Hash browns	9 Hot Taco Salad Rice ,Salsa Cheese Lettuce tomatoes Sour cream Churro	10 Big Daddy's Pizza
13 Chicken Fryz Dipping sauce Oven baked fries	Valentine's Day 14 Pizza Sticks Marinara sauce Frozen fruit cup Valentine Cookie	15 Finger Food Day Mozzarella sticks Meatballs Italian bread	16 Pizza Mania	17 Schools are Closed
20 Schools are Closed	21 Chicken Nuggets Mashed potatoes Biscuit	Ash Wednesday 22 Brunch for Lunch Pancakes Egg patty Hash browns	23 Soft Taco Rice ,Salsa Cheese Lettuce tomatoes Sour cream Churro	24 Big Daddy's Pizza
27 Popcorn Chicken Dipping sauce Mashed potatoes Biscuit	28 Pasta Bar Choice of sauce Italian Bread	Leap Day 29 Chicken or Cheese Quesadilla Salsa sour Cream		



Chef Solus Valentine's Day Healthy Heart Word Search Puzzle!



APPLES
FIBER
BEANS
HEART
VALENTINE

LOW FAT
EXERCISE
VEGETABLES
LEGUMES
SEEDS

NUTS
HEALTHY
AEROBICS
NUTRITION
ACTIVE



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