

Parent & Child Activity Calendar

Elementary School

Nixon School
Landing, NJ



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2011				1 Talk about how your family can do something for others this holiday season.	2 Visit the library with your child. Check out a book about science.	3 During the holidays, have your child talk to older relatives about their childhood days.
4 Have a contest. Who can name the most parts of the body? (Organs count, too.)	5 Look in the newspaper for a list of holiday events. Plan to attend one this month.	6 Play Concentration with math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	7 Plan to spend some one-on-one time with your child this month. Write your "date" on your calendar.	8 Put a leafy stalk of celery into colored water. Watch the color rise into the stalk over the next week.	9 List animals your child loves. If your child could have any animal as a pet, which would it be? Why?	10 Talk with your child about ways to handle stress. Exercising and talking are good options.
11 Enjoy some outdoor physical activity as a family today.	12 Teach your child to make paper snowflakes. Use some to decorate your windows.	13 Have your child draw a picture of what he thinks describes and defines "December."	14 Bake cookies with your child. If you're doubling a recipe, have your child do the math.	15 What is the coldest place in the nation today? The warmest? What's the difference between the two temperatures?	16 Plan a week of alphabet dinners—serve foods that start with the same letter. Choose a different letter each day.	17 Plan an indoor "camp-out." Make a tent from a blanket. Eat s'mores and read scary stories.
18 Dissolve some salt and water in a glass. Watch for a few days. Talk about what happens.	19 Holidays have you feeling hassled? Share the responsibility. As kids help, they appreciate holidays even more.	20 Give your child a measuring tape. Ask her to measure and record the dimensions of objects in your house.	21 Tonight is the longest night of the year. Give everyone in the family a flashlight and read in bed tonight.	22 Set aside time today to work on craft projects with your child. Perhaps he can give these as gifts.	23 Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it and have a treasure hunt.	24 Read a book that you and your child can both enjoy.
25 Talk with your child about the very best present she ever received. What made it special?	26 Talk to your child about the importance of writing thank you notes for gifts.	27 Kids bored? Have them take turns as models, holding a pose while the other children draw or paint what they see.	28 Save the seeds from a fruit you've eaten. Plant them in a paper cup on the windowsill. Water and see if they grow.	29 Choose a number, then have your child list all the things he can think of that come in that number.	30 Write and mail a letter to a friend.	31 Help your child create a time line of the last year.