# PACK TO SCHOOL Roxbury High School

Did you know your child's school lunch includes a variety of fruits, vegetables, and whole grain-rich foods? Maschio's school lunches have less saturated fat and sodium than other lunches and contain zero trans fat. Our meal portions are designed for your child's age and we offer a wide variety of healthy options like fat-free and low-fat milk. We take great pride in being able to offer your children healthier food choices so that they can fuel their bodies to get them through the school day

VIEW YOUR MENU: https://roxbury.nutrislice.com/menus-eu/a
REGISTER FOR AN ONLINE PAYMENT ACCOUNT: https://www.myschoolbucks.com/ver2/getmai

Cash and check payments are also accepted for meals. For checks, please include your payment form and make check payable to: **Food Service** 

BREAKFAST BEGINS: August 30 STUDENT BREAKFAST: \$2.25 LUNCH BEGINS: August 30 STUDENT LUNCH: \$4.25

All lunches include grains/breads, meat/meat alternative, fruit/juice/vegetable, and refreshing milk. Students must choose at least 3 items. Make sure 1 is a fruit, 100% fruit juice, or vegetable!

Parents may apply at any time during the school year for free or reduced meals. Please contact your school board office or visit your school district website.

IF YOU HAVE ANY QUESTIONS, CONCERNS OR SUGGESTIONS, PLEASE CONTACT:

Jaclyn Varela: Director Email Address: jvarela@maschiofood.com

You can learn more about Maschio's by visiting www.maschiofood.com. If you would like to contact our corporate office please call (973) 598-0005 or email us at comments@maschiofood.com



We look forward to a



## **Roxbury High School**

# 2023-2024 HEALTHY MEALS





|                   |        | <b>Breaktast</b> |
|-------------------|--------|------------------|
| Student Breakfast | \$2.25 | Adult            |

**Adult Breakfast** 3.50 \$2.25

\$0.00 **Reduced Breakfast** 

### **Lunch**

| <b>Student Lunch</b>    | \$4.25 | Adult Lunch          | \$4.75 |
|-------------------------|--------|----------------------|--------|
| Student Entrée Only     | \$3.50 | <b>Adult Premium</b> | \$8.00 |
| Extra Entrée with Lunch | \$3.50 | Reduced Lunch        | \$0.00 |

### **Beverages**

| Milk                              | \$.85         | 100% Juice 4 oz.      | \$0.75 |
|-----------------------------------|---------------|-----------------------|--------|
| <b>Bottled Water</b> 8 oz./16 oz. | \$0.75/\$1.25 | <b>Bottled Drinks</b> | \$3.00 |
| Smoothie                          | \$2.25        | <b>Canned Drinks</b>  | \$2.50 |

### À La Carte Snacks

| A La Cai le Silacks            |               |                    |               |  |  |  |
|--------------------------------|---------------|--------------------|---------------|--|--|--|
| Fresh or Chilled Fruit         | \$0.85        | Pudding Cup        | \$2.00        |  |  |  |
| Vegetable Side                 | \$0.85        | Soft Pretzel       | \$2.00        |  |  |  |
| <b>Small Side Salad</b>        | \$1.50        | Fresh Baked Cookie | \$1.00        |  |  |  |
| Savory Soup                    | \$1.00/\$2.00 | Ice Cream          | \$2.00/\$3.50 |  |  |  |
| Baked Chips                    | \$1.00        | Rice Krispie Treat | \$1.50        |  |  |  |
| <b>Bagel with Cream Cheese</b> | \$2.50        | Fruit Rollup       | \$0.75        |  |  |  |
| Cereal Bar                     | \$1.50        | Pop Tart           | \$2.00        |  |  |  |





QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.



Healthy meals grow healthy kids!