

# SUPPORTING YOUNG READERS AT HOME

Welcome Roxbury Families!



# BENEFITS OF READING



## Why is reading at home so important?

Children with access to 25 books at home complete an average of 2 more years of school than children from homes without any books.



Kids 4-5 years old gain 6 months of reading ability by being read to 3 to 5 times per week.



Reading is a critical skill for succeeding in most school subjects.



A child spends 900 hours a year in school and 7800 hours at home.



Research shows that just 20 minutes a day spent reading with a child helps them develop critical reading skills.



**Learn more:**  
[smartreading.org/parent-resources](https://smartreading.org/parent-resources)



# WHEN DOES READING AT HOME BEGIN?

## SUPPORTING YOUR BABY



Right away!  
Make reading a part of your daily routine.

Put books in your baby's reach, not just up on a shelf.

Talk, sing and read all of the time!  
In your language is great, too!



# SUPPORTING YOUR TODDLER (AGES 1-3)



Read their favorites again and again!

Ask questions and listen to their answers.

Sing, rhyme, talk, and read a lot!

If your child is not talking, walking, or understanding (see handout) call Early Intervention **(888) 653-4463**



# SUPPORTING YOUR PRESCHOOLER (AGES 3-5)



Read together every day! Bedtime books are a perfect way to create routine and a love of reading.

Read words at the store, on signs, online, when driving or walking...everywhere!

Talk about how much you love reading, too!



Tell the pediatrician of concerns about vision, hearing, speaking and/or understanding.

# SUPPORTING YOUR KINDERGARTNER/ 1ST GRADER



Talk about letters, sounds, rhymes and words and talk all about their day and ask questions to get them talking.

Read, read, read! Take turns reading pages with your child. Have them read recipes, signs, directions, information and stories.

Be patient, gently correct their reading, and talk all about what they read. Show that reading is a fun activity and not just for homework.

# SUPPORTING YOUR CHILD AGES 8+



Have your child read aloud what they have written at school or home to you. Be an active listener!

Help your child look up new words and practice the words you learn when reading, writing and talking.

Read many types of books and encourage your child to try new books and to read more and more! Series are good to help them read a lot!

They're never too old to read aloud to you or for you to listen to you read aloud. Read in your language, too!

# MORE BENEFITS OF READING



37.4% of individuals with low literacy-engagement levels experience low mental health, while only 11.8% experience good mental health. (high literacy = 39.4% with good mental health)



Children who are read to at least three times a week by a family member are almost twice as likely to score in the top 25% in reading compared to children who are read to less than 3 times a week



One in six children who are not reading proficiently in the third grade does not graduate from high school on time, a rate four times greater than that for proficient readers. (rate is higher in children from low-income families)





# THE PUBLIC LIBRARY



FREE!!

[www.roxburylibrary.org](http://www.roxburylibrary.org)

103 Main Street Succasunna, NJ

Books, DVDs, Magazines

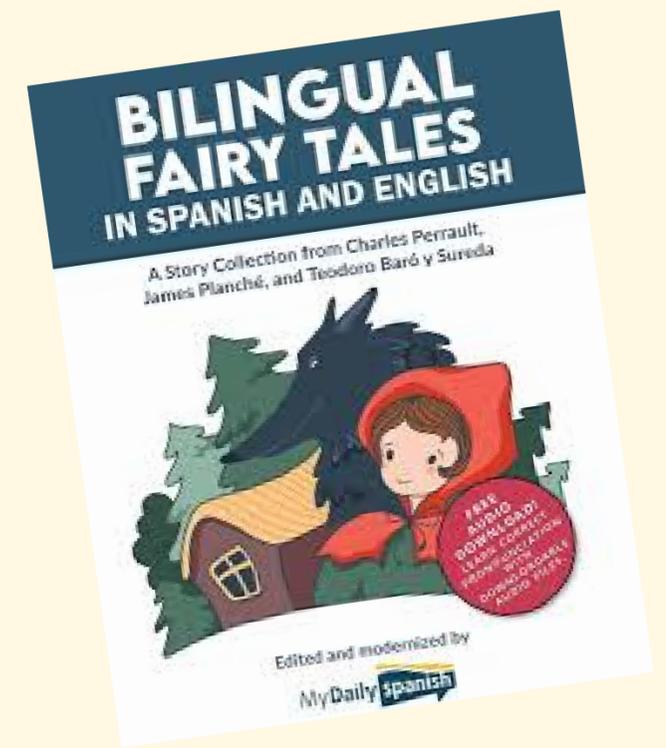
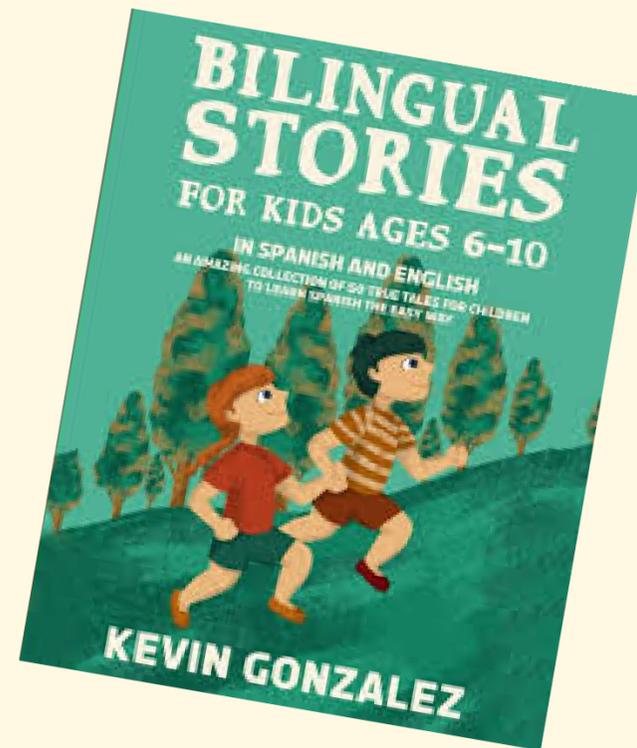
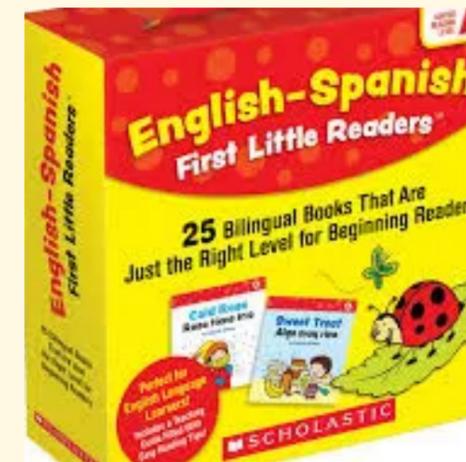
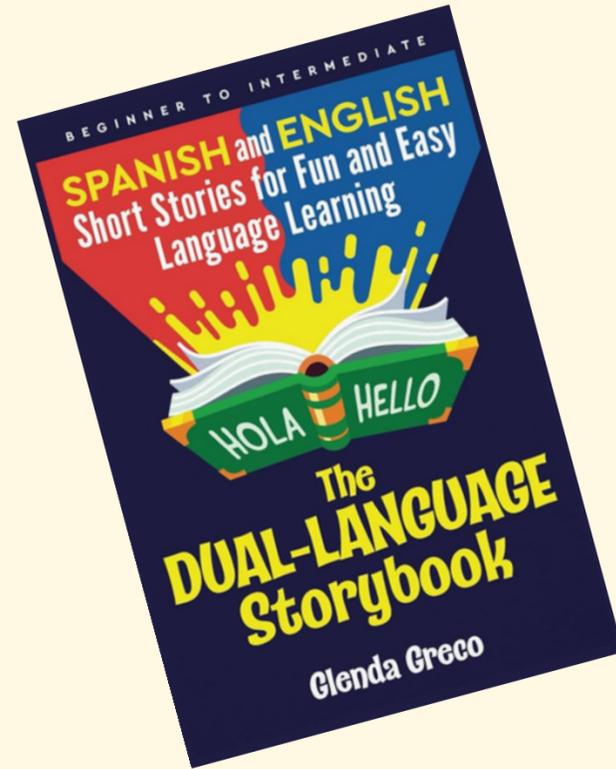
Free Online Programs and Parenting Apps

Story time and other fun kids' activities

Adult activities including ESL Conversation  
Classes



# ITEMS TO TAKE HOME



# THANK YOU

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