



Lincoln Roosevelt School

ROXBURY TOWNSHIP PUBLIC SCHOOLS
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Chris Argenziano
Principal

Brian Hamer
Asst. Principal

Dear Parents/Guardians:

In compliance with New Jersey Administrative Code, N.J.A.C. 6:29-7.1, a Family Life Education Curriculum outline for your child's grade level is being provided for your information. Family Life will be taught as part of the health course. The complete curriculum is available for your review on the district website.

If you wish to have your child excused from any part of the program, please contact the office for an exclusion form. As per state guidelines,

"Any pupil, whose parent or guardian presents to the school principal a signed statement that any part of the instruction in Family Life Education is in conflict with his/her conscience, or sincerely held moral or religious beliefs, shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom. (N.J.S.A. 18A:34-4.6 et seq.)"

If we do not hear from you, we will assume that you would like your child to participate in the Family Life Curriculum. Should you have any questions concerning the Family Life Education program, please do not hesitate to contact your child's physical education teacher for additional information.

Sincerely,

Chris Argenziano

Chris Argenziano
Principal

Attachment

ROXBURY SCHOOL DISTRICT FAMILY LIFE CURRICULUM CONNECTIONS GRADES 5 AND 6

GRADES 5 AND 6 FAMILY LIFE CURRICULUM TAUGHT BY PHYSICAL EDUCATION TEACHERS

GRADE 5:

Mental and Emotional Health: What are health and wellness, plan for a healthy life, personality and character, emotions, taking charge of your health.

Growth: The systems of your body and how they work together.

Stages of Life: Describe the changes that occur in infancy, childhood, adolescence and adulthood.

GRADE 6:

Investigate ways that individuals and families enhance and support social and emotional health and meet basic needs.

Describe the characteristics of a healthy relationship and discuss factors that support and sustain it.

Discuss how peer relationships may change during adolescence.

Discuss different forms of dating and explain the role of dating in personal and social growth.

Discuss strategies to remain abstinent and resist pressures to become sexually active.

Discuss the possible physical, social, and emotional impacts of adolescent sexual activity.

Describe behaviors that place one at risk for HIV/AIDS, STDs, or unintended pregnancy.

Identify sexual feelings common to young adolescents and differentiate between having sexual feelings and acting on them.

Discuss how parents, peers, and the media influence attitudes about sexuality.

Discuss how the health of the birth mother impacts the development of the fetus.

Discuss fertilization, embryonic development, and fetal development.

Describe the signs and symptoms of possible pregnancy.

Discuss the potential challenges faced by adolescent parents and their families.

Recommend sources of information and help for parents.