

Snack Foods Allowed in Roxbury Schools Instructional Spaces Jefferson Elementary School

All fruits and vegetables
(peas are in the peanut family)

Annie's snacks: any Annie's snack that the label identifies as *not* containing nut products.

Bachman's Pretzels, not Stix. (*Stix contain sesame*)

Back to Nature Brand: Honey Graham Sticks and Cheddar Crackers

Belvita breakfast biscuits - cinnamon brown sugar (those with no nuts or processed with nuts on label) (soft items have eggs)

Betty Crocker: Fruit roll-ups, Fruit by the foot, Fruit gushers and Fruit Shapes

Cascadian Farms Organic Chewy Granola bars (some contain eggs)

Cheerios (not honey nut)

Cheese: All cheeses ok

Enjoy Life cookies or Ricemilk chocolate bar (can be eaten at lunch only)

Frito-Lay Brand: Baked! Ruffles Potato Crisps, Cheetos, Doritos, Corn Chips, Fonyuns, SunChips, Tostitos Tortilla Chips

FruitaBu Brand: Organic Smooshed Fruit Flats and Fruit Twirls

General Mills Products that indicate "No Allergens" on label

Glutino Gluten Free crackers (cookies may contain traces of nuts)

Herr's Pretzels and Chips

Snack Pack Pudding and Gel Snacks

JELL-O Brand: Pudding and Gelatin Snacks

Keebler Brand: Club Crackers, Fudge Shoppe Fudge Stripes Cookies, Grahams, Bug Bites and Scooby-Doo Grahams, Vienna Fingers

Kellogg's Brand: NutriGrain Cereal bars, Special K chocolatey strawberry bars, Pop-tarts (contain eggs), Rice Krispies Treats (all varieties), Special K Snack Crackers

Kozy Shack Pudding (Tapioca has eggs)

Handi-Snacks Pudding

Linden's 3-pack chocolate chip cookies

Lunchables snack packs - *read labels*

Manischewitz Tam Tam Crackers

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Nabisco Brands: 100 calorie packs, barnum's animal crackers, Chips Ahoy chocolate chips cookies, Fig Newtons, Honey Maid Graham Crackers, Kraft Cheese Nips, Kraft Handi-Snacks, Ritz Crackers N Cheez, Nilla Wafers, Oreos, Premium Saltines and Oyster Crackers, Snackwells cookies, Teddy Grahams, Triscuits

Otter pops-ice pops

Pepperidge Farm: Goldfish crackers, Goldfish pretzels

Pop Chips all natural potato chips

Potato chips (excluding Lay's Kettle cooked and Miss Vickie's)

Quaker Brand: Oatmeal Squares, Rice Cakes - read labels for nuts

Ready Pac Cool Cuts with Ranch Dip (contains egg)

Riceworks Gourmet Brown Rice Crisps (contains sesame)

Robert's American Gourmet Pirate's Booty and Smart Puffs

Sage Valley Organic Popcorn

Shoprite Individual Pudding Snacks

Skeeter Products (*read labels*)

Smartfood Popcorn

Snack Factory Deli Style Pretzel Crisps

Snyders Pretzels- (wheat is only allergen)

Sunshine Brand: Cheez-it Original Snack Crackers, Party Mix (*read labels*)

Trader Joe's White Cheddar Corn Puffs

Treasure Mills banana chocolate chip mini loaf

Utz products: Label identifies no nut products

Veggie Straws, Cinnamon Apple Straws

Welch's Fruit snacks

Wise Brand: Bravos Tortilla Chips, Potato Chips, Popcorn, Cheez Doodles

Note: *Specialty Holiday cookies cannot be guaranteed by the manufacturers to be nut free, and are not allowable.*

*****Please read food labels before sending in snacks with your student. If the label reads "May Contain Nuts or Nut Products" or "May have been Processed in a Factory that Processes Nuts or**

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*made on the same equipment", it is not
allowed in classrooms.*

