

# EISENHOWER MIDDLE SCHOOL

47 Eyland Avenue  
Succasunna, NJ 07876  
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[www.roxbury.org/ems](http://www.roxbury.org/ems)

**Dominick J. Miller**  
Principal

**Elizabeth Omega**  
Assistant Principal

Parents/Guardians,

Congratulations on making the commitment to participate in the Eisenhower Middle School Athletic Program. Please understand that successful participation will require a high level of dedication, responsibility, and diligence. I hope that all participants have a positive and rewarding interscholastic experience.

New Jersey State Law mandates that the school physician must clear all sports physicals prior to the start of each season. Students will **not** be allowed to participate in interscholastic sports (including tryouts and practices) until the school physician has cleared the student's sports physical. It is imperative that all paperwork is completed and returned in a timely manner to ensure approval and eligibility for participation. The school physician will be clearing all sports physicals on the following dates:

Sports for 2016-2017	Due Date for Forms	Medical Clearance Date	Sport/Practice Start Date
Fall	July 15th, 2016	August 24th, 2016	September 5th, 2016
Winter	October 17th, 2016	October 25th, 2016	November 7th, 2016
Spring	February 21st, 2017	March 6th, 2017	March 27th, 2017

**Listed below are the forms that need to be completed prior to the start of the sports season (signatures are required on all forms):**

- PreParticipation Physical Evaluation Forms (Physical Forms):
  - HISTORY FORM - (a new History Form is required for each sports season)**
    - entire form must be filled out by the parent
    - any "yes" answers to questions 1-54 must be explained at bottom right of the form
    - the form must be signed by the Parent and Athlete
  - PHYSICAL EXAMINATION FORM and CLEARANCE FORM - (Physicals must be current within 365 days)**
    - The Date of Exam must be written at the top of the physical and the physical must not expire before the start of the season
    - Height, Weight, Blood Pressure, Pulse, Review of Systems, and Clearance Level must be filled in by the physician
    - Vision must be completed and documented by the physician or an ophthalmologist's report must be attached (if the vision is not completed the athlete will not be cleared).
    - Physicians must sign and stamp the Physical Examination Form and the Clearance Form
- Emergency Contact Form **(a new History Form is required for each sports season)**
- Sudden Cardiac Death Sign-Off Sheet
- Drug and Steroid Test Consent Form
- Athletic Training/Sports Injury Policies and Procedures Acknowledgement Form
- Sports-Related Concussion and Head Injury Fact Sheet Acknowledgement Form
- ImPact Consent Form
- Additional forms are required for students who have been diagnosed with Asthma, Life-Threatening Allergies, and other Medical Conditions; these forms are due yearly

All forms are available on the Eisenhower Middle School website. If you have questions regarding the sports medical clearance process contact Mrs. Kim Pinto (973) 584-2973 x2005. If you have questions about the interscholastic sports program contact Mr. Carlos Curet at [ccuret@roxbury.org](mailto:ccuret@roxbury.org).

Sincerely,



Carlos Curet  
Coordinator of Middle School Athletics



Kimberly A. Pinto RN, CSN, BA  
School Nurse