

## Sports Forms - Checklist

All forms must be completed in their entirety and signed or your child **will not** be able to participate in the Sports Program at EMS:

- PreParticipation Physical Examination Form (current physical/signed by the doctor)
- PreParticipation Physical Evaluation History Form (signed by parent and student)
  - \*A new History Form is required for each sports season
- Emergency Contact Form (signed by parent and student)
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- SignOff Sheet for Sudden Cardiac Death/Pamphlet (signed by parent and student)
- Random Drug / Steroid Form (signed by parent and student)
- Athletic Training/Sports Injury Policy and Procedure Form (signed by parent and student)
- Sports Related Concussion and Head Injury Fact Sheet (signed by parent and student)
- Impact Consent Form (signed by parent and student)

Informational pamphlets can be kept by parent, any forms requiring a signature must be brought to Eisenhower Middle School.

Additional Forms (if needed):

- Asthma Care Plan (signed by doctor and parent/must be completed at the start of each school year)
  - \*Student must bring Inhaler to all practices and games
- Anaphylaxis Care Plan (signed by doctor and parent/must be completed at the start of each school year)
  - \*Student must bring Epinephrine Auto-injector (epi-pen) to all practices and games
- Clearance notes allowing full sports participation from treating doctors for injuries (surgeries, fractures, etc...)
- A "6 Step Return to Play Clearance" must be obtained from the treating doctor if student sustained a concussion

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*All Sports Forms can be found on the Eisenhower Middle School Website under the Athletics Tab\***